

Feeling Worried About Returning to Work During COVID-19?



Do you have COVID-19 symptoms?
 These include: fever, chills, new or worsening cough, shortness of breath, and sore throat.

YES

NO

Were you previously off of work for medical reasons prior to the COVID-19 pandemic?

YES

NO



Call your family doctor to book a phone or video appointment.
 Your doctor can answer your questions and help find solutions that work for you.

Learn about workplace health and safety responsibilities on the WorksafeBC website.

Call your supervisor. Have a conversation about your concerns. Find solutions together.

Are you still concerned after speaking to your employer?

YES

NO

Will a doctor's note to your employer help support your concerns?
 eg. chronic health condition, caregiver for an elderly patient or young child etc.

NO



Call WorkSafeBC 1-888-621-SAFE

Prevention Information phone line. Toll free in British Columbia.

Do you need further support or assistance from your family doctor?

YES

NO

Return to work.
 Follow your workplace COVID-19 Safety Plan.